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THE

NEWSLETTER

19TH CENTURY FASHION-HOW TO TELL DIFFERENT DECADES APART

VINTAGE REP

Mayar Nawras & Minna Ahmed

Today we'll be showing you how to tell different 19th-century fashion decades apart. We're not going to be talking about what affected fashion but rather what the clothes looked like. Everything in fashion happens gradually so to understand what was going on at the beginning of a new century let's move back a bit to the 1790s.

The 1790s

In the 1790s the waist gradually higher, sleeves were elbow length, skirts were gathered at the front as well as the back of the dress, making women look "pregnant." If you look back at the dresses at this time period, you'll notice a peculiar cut caused by pushing the sleeves towards the shoulder blades and making the dress shorter, the shortest point being the centre. Despite a circulating stereotype, women never really threw away their corsets mainly because the new silhouette required your bust to basically touch your chin and what better way to achieve that than some good old fashioned stays, which would be considered to be known as a "push-up bra" in our modern world.

The 1810s

The beginning of the 1800s saw the death of the heavily powdered hair and classicism-inspired hair-dos became all the rage. Everyone got crazy over light and delicate fabrics. The skirts' trains were getting longer and longer, busts getting higher and higher, and bodices shorter and shorter. However, by the end of the decade, long trains were no longer in fashion, and skirts became wider and trapezoidal in shape, and the waist began gradually dropping.

The 1820s

The 1820s were a transitional period from a classical empire silhouette to the crazily overthe-top 1830s. So the skirts got wider and wider shorter and shorter the waist drop lower and lower the sleeves grew bigger and bigger and more and more decorations started to appear on the dresses. The hem of the skirts was padded to help achieve the trapezoidal shape.

In the 1830s, everything kept growing until the middle of the decade. Women would wear multiple, sometimes even stuffed, petticoats and special sleeve supports to make their sleeves bigger. The waist was pretty low but it was still higher than ladies' natural waists until this point where everything started to decrease-sleeve puffs lowered, updos got flat and the waist finally reached its natural position.

The 1840s

The 1840s were a decade of car hy colours, fitted pointy bodices, and fitted speeves, tight collars usually separately attached and small geometrical patterns. Basically constituting got tighter and the only thing that kept growing was the width of women's skirts that required more and more support. The popular hairstyle was a low bun and the middle parting and that with some minor modifications was a not sork up until the late 1860s.

The 1850s

In the 1850s, the problem of growing skirts became so big (get it?), that it was necessary to develop a special construction to help them stay in shape and not floppy. That construction was called crinoline and it was patented in 1856. Both the sleeves and skirt were often ruffled and the waist dropped a little lower than the natural waist level.

The 1860s

The whole silhouette started changing in the 60s by rising a little bit above the natural waistline. Buttoned bodices became fashionable. Ruffled plaid skirts and solid colours were replaced with geometrical trimmings. During the mid-late 60s, the waist would start travelling even higher but instead of expanding on decreasing, the skirt would start getting more volume at the back as it gradually becomes more and more decorated.

The 1870s

Crinolines gradually morphed into crinolettes and in the 70s, into bustles. The 1870s were a decade I would compare to the 1830s - big hair, a lot of decorations, frills, flowers, laces, pinks, and pastels. To accentuate their silhouette, women would wear a second skirt known as the "underskirt" which went under- surprise, surprise! -under the overskirt which went- surprise, surprise! -over the underskirt. But then around 1878, women chose to wear small bum pads instead of the large bustles which caused their skirts to become very narrow but instead of the fullness, designers added length. This lasted for only about 4 years, however, with bustles returning in 1882.

The 1880s

In the 80s, skirts were no longer trapezoidal but were just a little bit wider than the hips, spoon busked corsets came into fashion giving the illusion of a fuller belly (I am NOT making this up). Bustles' shapes changed from going down, to forming a sort of "shelf" on ladies' bottoms. Women would also start cutting their forehead hair and setting them into frizzy bangs, which were in my opinion, not very flattering.



The 1890s were the time of a big discussion around tight lacing, corsets, and how they affect women's health. Tight lacing wasn't very popular before but by the end of the 19th century, more and more desired small waists. So the solution to the problem was an invention of an s-bend corset or a health corset in 1900. It completely changed women's silhouette but that's kind of a whole another story so maybe we'll tell you about that when we're discussing the 20th century. I hope now when you hear about something being "Victorian- or "19thcentury style" you know there is no such thing because the 19th century was such a huge piece of fashion history with countless silhouettes cuts and styles.

ALL-TIME FAVOURITES

Amna.A, Amna.M & Huda

Brooklynn nine-nine

It came out in 2013. It now has 7 seasons. with the 8th season being the last coming out this year. It's a cop, comedy show. The show is a breath of fresh air from all the serious, dark, and gritty shows nowadays. Unlike many shows its humour doesn't include sexist, racist and homophobic jokes. On its own, the show is good at representing minorities by representing members of the Lgbtq+ community, Latinos and people of colour such as main characters Holt and Amy. Another thing that differentiates the show from other shows is that Jake and Charles. 2 of the main characters, make a great team solving crime together while having an intimate male friendship which isn't often seen in shows. The show focuses on a team of detectives solving elaborate cases and conducting fun Halloween heists that always have a surprise ending. The show also consists of a friendly work environment. The show is great if you want to have a good laugh.



Pretty little liars

The first episode of the show aired on June 8, 2010. The show is a dark, mystery drama which focuses on the disappearance of Alison and her friends lives a year after her disappearance. It's a suspense thriller show which keeps the viewers on their toes and never fails to surprise them. It is famous for all the secrets and lies that are constantly sprung on the audience. Alison's disappearance leaves her friends to be stalked by an anonymous source which leads them curious to find out what happened the night she disappeared. The show is full of twists and turns which keeps the mystery of the show alive. If you want to watch a show which is full of mystery and drama, then pretty little liars is the way to go!

Movie review:

Palm springs

The movie came out on January 26, 2020. It follows Nyles and Sarah, two strangers who meet at a Palm Springs wedding only to get stuck in a time loop. It's a rom-com which has a sci-fic twist to it. The movie is not a normal rom com it also presents what we all have thought at least once, the idea of living in a world where our actions have no consequences, and we have no responsibility. Milioti the actress does a great job at playing Sarah, she gives depth and complexity to her character. Andy Samberg brings a certain darkness to his humorous character that was surprisingly effective. All in all, it was a high-quality romantic comedy with an interesting plot line.

ALL ABOUT MANDALA ART

Zeina Sherif

Mandala is basically a ritual symbol that represents Asian cultures. It is commonly known as circular designs that have repeating colors, shapes, and patterns radiating from the center. Mandalas can be precise and geometric, or in contrast, free flowing and asymmetric.

In the Hindu and Buddhist, mandalas are an object of meditation to aid in one's spiritual development. There are different types of mandalas, the three main types are: teaching mandalas, heling mandalas, and sand mandalas.



ISLAMIC CALLIGRAPHY

<u>Sara Fathi</u>

Islamic calligraphy is an artistic method of handwriting and calligraphy in the languages used by or derived from Arabic alphabets. This includes Arabic, Persian, Ottoman, and Indian calligraphy. It is known in Arabic as khatt Arabi, which translates into Arabic line or design.

Islamic calligraphy has evolved from two major styles: Kufic and Naskh. There are several variations in each style, as well as regionally specific styles. Arabic or Persian calligraphy has also been incorporated into modern art, beginning with the postcolonial period in the Middle East, as well as the more recent calligraphy style.

Source: en.wikipedia.org

TRENDING GAMES:

Mariam Elmolla

Computer games have become increasingly popular in an age of mobile devices and advancing graphical interface. Almost everyone owns one, and ever since the world was quarantined, what would be a better way for people to spend their time than gaming? Here is a list of some of the globally recommended top trending games in 2021:

Fortnite: From the day that Fortnite was released by Epic Games, its popularity has been increasing until it became one of the biggest games of all times.

<u>Minecraft:</u> It is not a surprise that Minecraft is still trending in 2021, as it has been gaining fame since it was released in 2011.

Rust: This game has been initially released in 2013, but the game became popular because gamers and content creators started playing it in 2021.

Other games may include: Among Us, Fall Guys, PUBG, Overwatch, Call of Duty: Warzone, Animal Crossing: New Horizons, Spider-Man: Miles Morales, and

many more,





The Last of Us 2 (Game Review)

Zarah Alikhan

After a delay due to the coronavirus, NaughtyDog, the creator of the Last of Us 2, announced that the initial release date of the game was to be postponed from June 19, 2020, until February 21, 2020. The fans had anxiously awaited the completion of the two main protagonists', Joel and Ellie, journey. Their authentic father-daughter-like relationship in the first game is what captivated the audience. In this continuation, Ellie, now grown up, experiences much loss and hardship. Shortly following its release, a lot of controversy surrounded the game. One youtuber, theRadBrad, believes that the story could have been told more fairly. However, I believe that this game was a masterpiece. Although many people were upset at the tragic ending, it was executed carefully. It entails a long harrowing journey of grief, anger, and revenge. Not only do we get the main protagonist's perspective, but also the antagonists. The tale tells of conflict; of how there is no single right answer. Nor winner.

Nintendo®

Layan Husam

Nintendo goes way back and owns many old games in which people used to play on simple consoles. Some of the very first consoles are The Nintendo Entertainment System (released 1983), Nintendo 64 (released 1996). Nintendo GameCube (released 2001), Wii (released 2006), Wii U (released 2012), and the latest which is the well-known Nintendo Switch which was released in 2017. Some of the oldest and most popular Nintendo games back then and somewhat till now are Super Mario, The Legend of Zelda and Dragon Quest.

Thursday, 3d of September 2020 Nintendo celebrated Super Mario Bros.'s 35th anniversary, where they hosted a direct and they undoubtedly made sure it was full of surprises. But Super Mario is not the only one with an anniversary. The Legend of Zelda carries quite a large fanbase, and this February 21st, 2021, was also its 35th anniversary. How exciting! Nintendo has not yet made an anniversary for the Legend of Zelda, which is quite disappointing, but there is news that there will be new games on the legend of Zelda arriving soon (Skyward Sword HD, Breath Of The Wild 2, etc.)

TRADITIONAL FOODS

Maya Mahmoud

Traditional foods are dishes which have been consumed and passed on through many generations. Traditional food plays a major role in traditions of different cultures for thousands of years. An example of a traditional food is Koshari. It is widely considered Egypt's national dish. Rice, lentils (black or brown), chickpeas and pasta are cooked individually, then tossed together and topped with cumin-scented tomato sauce and crunchy fried onions.

Recipe of Koushari:

Heat 1 tablespoon vegetable oil in a saucepan over medium-high heat. Stir in rice; continue stirring until rice is coated with oil, about 3 minutes. Add 3 cups water and 1 teaspoon of salt. Bring to a boil; reduce heat to low, cover, and simmer until the rice is tender and liquid has been absorbed, 20 to 25 minutes. Fill a large pot with lightly salted water and bring to a rolling boil over high heat. Stir in the macaroni, and return to a boil. Cook the macaroni uncovered, stirring occasionally, until the it has cooked through, but is still firm to the bite, about 8 minutes. Drain well in a colander. Return macaroni to cooking pot, cover and keep warm.

Soak lentils for 30 minutes. Drain and rinse; drain again. Bring 2 cups water to a boil in a pot and stir in lentils. Bring to a boil; cover and reduce heat to low. Simmer until lentils are tender 15 or 20 minutes. Stir in 1/2 teaspoon salt. Heat 1 tablespoon vegetable oil in a large skillet over medium-high heat. Cook the onions in the oil, stirring often, until they begin to brown, 10 to 15 minutes. Onions should be a nice caramelized brown colour. Add garlic and cook another minute. Remove from pan, drain on a paper towel-lined



plate.



30×10

Moonlight



Place half of the onion mixture into a saucepan. Mix in the vinegar. Add the chopped tomatoes and tomato paste, black pepper, 2 1/2 teaspoons salt, cumin, and cayenne (if using). Bring to a boil then reduce heat to medium-low and simmer about 12 minutes. Serve by placing a spoonful of rice, then macaroni, and then the lentils on serving plates. Sprinkle with some of the browned onions, then top with tomato sauce. Source of Recipe: "Egyptian Koshary." Allrecipes, www.allrecipes.com/ recipe/173422/egyptian-koshary/

RECENT SCHOOL ACTIVITIES

Eman Kaleem & Yara Al-fakih

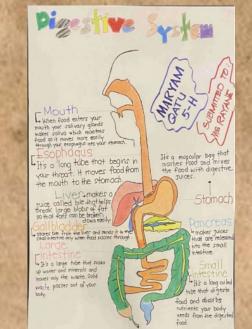
Art exhibition: -Visual arts is an integral part of everyday life, permitting all levels of human creativity , expression, communication, and understanding. It is a thought provoking course in which students develop analytical skill in problem solving and divergent thinking , while working towards technical proficiency and confidence as art makers. In addition to exploring and comparing visual arts from different perspectives and in different contexts. The course is designed for students who want to go on to study visual arts in higher education as well as for those who are seeking lifelong enrichment through visual arts.

THE SCIENTISTS:

Science is one of the fundamental parts of term STEM, used to refer to science, technology, engineering, and mathematics. Science enhances critical thinking, cultivates a passion for learning and enriches our cognitive skills. At AHISK, we are blessed to have our grade 5 junior scientist who are naturally curious and full of creative potentials as well as valuable ideas.

THE TALENT SHOW

In our school there is something that is held once a year ever since the academic year 2018-2019, which is the talent show. It's done for students to express there creativity and God given gifts. All people from grades 3-12 are welcomed to join with anything that they would want to do. There is an audition held a week before the talent show. then they choose all people who would be performing. It's fun not only for the people who are showing their talents but for the people watching new stuff that they never knew people could do. The talent show is an amazing way to express creativity. This year due to covid the talent show couldn't be held with an audience or judges, but to keep that tradition going, Mrs. Rayane Ghanem decided to have it held virtually, considering kids are sitting at home, she gave them the option to have fun and continue expressing their talents. She made every student who wanted to join send her a video of them doing what they want to do, the students had fun and they did something different.



It wasn't the same as when its hosted in school but, students had a ton of fun because of something really little. In conclusion, the talent show matters for many reasons.



A ZODIAC SIGN <u>Yaqeen Faiz</u>

Capricorn

Capricorn takes place as the tenth zodiac sign. And it's the last earth zodiac sign. People born from December 22 - January 19 would have that zodiac sign. Capricorn is represented as the sea-goat, it has the body of a goat and a tail of a fish.

People with this zodiac sign tend to be ambitious, organized, practical, goaloriented, and they don't mind the hustle. They also love to make their own rules. And their weakness is: they cannot forgive, and they always await the worst things to happen.

Some celebrities that have that sign are: Gayle King, Ryan Seacrest, and Jared Leto. So what's your zodiac sign?

WORLDWIDE PROBLEMS

Black lives Matter (BLM)

Lamar Kayali

The black lives matter movement was actually found in 2013 in response to extreme police brutality in America. From August 2014 all the way to June 2020 there have been ongoing protests to combat institutional racism and violence towards black people. The black community faced a lot of tragedies from murders of George Floyd, Ahmaud Arbery, Michael Brown, Eric Garner, Breonna Taylor, and unfortunately many more. Obviously, we as average people cannot do much to stop police brutality towards black people, but we can change the prejudices of the next generations. The only reason for this movement is because black people have been denied the basic human right to be able to the live without the fear of being killed, or incarcerated. It's really good that Black lives matter movement has gained immense support and volume this year, but we need to learn how to do better as a society.

Famine in Yemen

Razan Salameh

Famine is the shortage of food. People undergoing famine also undergo hunger. Yemen is experiencing the world's most humanitarian crisis. The UN had verified the deaths of at least 7,700 civilians by March 2020. Famine mostly happens when the country can't afford, why is Yemen poor? It is one of the poorest Arab countries. It is also highly dependent on declining revenues from its relatively small oil and gas reserves. In 2014 a civil war has created a humanitarian crisis and since then, this country went through economic problems, unemployment, and shortage of food, water and medical resources cause thousands of people to starve to death.



Uyghur Muslims

Kinda Hamadneh

Since 2017 there has been the minimum amount of one million uighur Muslims in more than 85 torturing camps. The government of china denied that they existed for a long while until pictures of the camps were leaked, so they claimed that they're to educate them, when in reality they're being tortured. Beaten, detained, harassed, and so much worse, yet none seems to care. 37 countries defended what they're doing to innocent people who got detained against their will because of their religion, muslims-majority countries have also agreed with china, none, not even the people with the same religion seem to care. That's why we should raise awareness and spread the word. They have to be stopped none deserves this punishment because of the religion the practice.



Myanmar coup d'état

<u>Hafsa</u>

In 1948, Myanmar (also known as Burma), a country bordering Bangladesh and Thailand, gained independence in 1948, and for most of its time, it's been ruled over by the military. In 2011, a new government was put in order. Recently, however, the military managed to gain control back through a coup d'état (illegal overthrowing of a government) as they claimed the recent election was a fraud. On February 1st, a state of emergency was declared and all power was handed over to Min Aung Hlaing, who is the leader of the coup. Widespread protests took, and still *are* taking place all over Myanmar, and the military initially countered with imposing curfews and restrictions. Despite this, the protests persevered, leading the military to resort to dispatching them by force. It has escalated to the point where citizens, old and young alike, are not even safe in their own homes, let alone out on the streets. Since the 27th of March, over 320 people have died, and more than 1700 are being detained arbitrarily.



Silence A Lets not forget 15 liolence canit Use your Voice Say his Not all men "but 99% Women Asian Black & Muslim LivesMatter "Protect your daughters" X Educate your sons No Justice No Peace SPEAK

Our voices need to be heard Areej Amin

This drawing is about how our society always taught us to not speak up about any real issues happening around the world and probably even to you. People of color, different religions, or race; have always been treated harshly, even if they were completely innocent, and when they finally had the strength to talk about it they are shut down by the society. It's also the same when it comes to being a woman. Most women are told to do specific things so they won't get harmed physically or emotionally by men, they are taught to live in fear, carry weapons with them at night for protection from harassment, but since we were children we've always been told "Boys will be boys "like it's an excuse for their terrible actions.99 percent of women have been hurt by men, some of them were children as well. Yet men still have the audacity to say "Not all men", they aren't wrong but there is only 1 percent of women left unharmed, so it is most men. So we need to make our voices heard about all of this and more. We need to make sure all those innocent people who are safe now stay safe, so they don't have to deal with the trauma that comes with it.